

**Bereavement Support for Adults**

**For Any Adult**

**Association for Death Education & Counseling**Offers online resources for coping with loss or call for referrals to support groups throughout the United States.

612-337-1808

[www.adec.org](http://www.adec.org)

**Hospice Foundation of America**Offers support and education about death, illness, and bereavement. They offer referrals to grief support groups throughout the United States and also sponsor an annual 'Living with Grief' teleconference series, a monthly bereavement newsletter, as well as other publications.   
800-854-3402   
[www.hospicefoundation.org](http://www.hospicefoundation.org)

**For Specific Situations**

**Actively Moving Forward (for college-aged young adults)**

Campus chapters are student-led, faculty/staff-advised, and university-recognized student organizations that consist of a peer-led grief support group for college students coping with the illness or death of a loved one, and a community service group open to the entire campus community. They also support non-collegiate young adults by creating virtual information, programming, and community.

[www.activelymovingforward.org/](http://activelymovingforward.org/)

**The Dinner Party (for young adults)**

Program for 20- and 30-somethings who have experienced a significant loss. Through unstructured dinner parties hosted by friends for friends, they invite those who’ve experienced significant loss to use their shared experience as a springboard toward living better, bolder, and more connected lives. At this writing the website lists the following Massachusetts dinner party sites: Boston, Cambridge, Amherst, Chelmsford, Hopkinton, and Somerville. Start a local table: [www.thedinnerparty.org/virtualhosting](https://www.thedinnerparty.org/virtualhosting).

[www.thedinnerparty.org](http://thedinnerparty.org)

##### LGBT Bereavement Groups

The Fenway Institute’s LGBT Aging Project sponsors free bereavement groups for LGBT adults of any age who have experienced the loss of a loved one (family member, friend, partner/spouse). Offered in six locations across the state including Boston, MetroWest and Cape Cod.

857-313-6578

<https://fenwayhealth.org/the-fenway-institute/lgbt-aging-project/programs-support-groups/>

**Tragedy Assistance Program for Survivors (for military families)**TAPS offers a 24/7 hotline for family and friends who have lost a loved one in the line of military duty. In addition to peer support, they offer crisis intervention, case work assistance, and grief counseling referrals. TAPS also hosts events and seminars nationally.  
800-959-TAPS (8277)  
[www.taps.org](http://www.taps.org)

**The Compassionate Friends (for those who have lost a child)**Organization dedicated to assisting families toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive. U.S. and international chapters.  
877-969-0010   
[www.compassionatefriends.org/](http://www.compassionatefriends.org/)

**Emmaus Ministry for Grieving Parents**

Serving the spiritual needs of grieving parents whose children of any age have died by any cause.

[www.emfgp.org/](https://www.emfgp.org/)

**Robert’s Program (for families who have lost a child under age three due to natural causes)**

Serves Massachusetts families in the aftermath of sudden unexplained death. They try to help understand the cause of the child’s death while supporting families through a very difficult time.

617-919-4513

[www.childrenshospital.org/roberts-program](http://www.childrenshospital.org/centers-and-services/programs/o-_-z/roberts-program)

**The Massachusetts Center for Unexpected Infant and Child Death (for families, communities, and professionals after an unexpected death during pregnancy, infancy, or early childhood)**

Offer bereavement counseling, home visits, parent support group, parent-to-parent contact and information and referral.

617-414-7437

[www.magriefcenter.org/](http://www.magriefcenter.org/)

**WidowNet (for widows/widowers)**

An online information and self-help resource created for and by widows and widowers. Topics covered include grief, bereavement, recovery, and other information helpful to people who have suffered the death of a spouse or life partner.  
[www.widownet.org/](http://www.widownet.org/)